

BEAR MOUNTAIN LLC  
FACILITIES USE RISK ASSUMPTION AND RELEASE  
NOTICE REGARDING MEDICAL ISSUES

All users of the Bear Mountain LLC facilities must be reasonably fit and in good health.

All users should possess the physical strength and stamina required to pull themselves along a stretch of cable if they should lose momentum before reaching a landing platform, although guides may assist them with this process.

Excessive weight or high blood pressure, cardiac or pulmonary disease, psychiatric and psychological disorders, and other health issues may increase drastically the risks to users and other persons.

I understand that Bear Mountain LLC reserves the right to refuse the use of its facilities to any user whose physical or mental condition or health does not meet its standards.

**NOTICE OF RISKS OF FACILITIES USE**

I understand that use of the Bear Mountain facilities, including without any limitation, riding, hiking, climbing, swinging and landing, and involving cables, harnesses, platforms, ladders, ropes and other equipment, is a hazardous activity and can result in serious injury or death.

I understand that some risks cannot be eliminated without changing the nature of the Bear Mountain activities, including without any limitation, scrapes, bruises, anxiety and any fears.

**ASSUMPTION OF THE RISKS AND RELEASE**

In consideration for being permitted to use the facilities of Bear Mountain LLC, the user hereby expressly exempts and releases Bear Mountain LLC, its officers, employees and insurers, from and against all liability, claims and demands, on account of injury, loss or damage, including without any limitation, claims arising from property loss or damage, bodily injury, personal injury, sickness, disease or death, that the user may incur as a result of such use, whether any such liability, claims or demands result from the act, omission, negligence or other fault on the part of Bear Mountain LLC, its officers, or its employees, or from any other cause whatsoever.

**INDEMNIFICATION AGREEMENT**

In consideration for being permitted to use the facilities of Bear Mountain LLC, the user hereby agrees to indemnify and hold harmless Bear Mountain LLC, its officers, employees and insurers, from and against all liability, claims and demands, which are incurred, made or brought by any person or entity, on account of damage, loss or injury, including without any limitation, claims arising from property loss or damage, bodily injury, personal injury, sickness, disease, death or any other loss of any kind whatsoever, which arise out of or are in any manner connected with the user's use of the facilities, whether any such liability, claims or demands result from the act, omission, negligence or other fault on the part of Bear Mountain LLC, its officers, or its employees, or from any other cause whatsoever.

I hereby acknowledge that I have fully read and understand this document.

FACILITIES USER:

PARENT AND/OR GUARDIAN:

_____	(Print Name)	_____
_____	(Address)	_____
_____	(City, State, Zip)	_____
_____	(Phone Number)	_____
_____	(Email Address)	_____
_____	(Sign Name)	_____
_____	(Date Signed)	_____